



NJ Center for Tourette Syndrome

AND ASSOCIATED DISORDERS, INC.

Collaborative Partnerships for the Tourette Syndrome Community

2018 NJCTS YOUTH SCHOLARSHIP APPLICATION

The NJ Center for Tourette Syndrome & Associated Disorders, Inc. (NJCTS) is proud to announce the 2018 scholarship awards to graduating New Jersey high school seniors diagnosed with Tourette Syndrome. The top award is \$1,000.00. A scholarship award recipient must:

- Download/print out, complete and return the application form on pages 2, 3 and 4 of this document by **April 06, 2018**. Scanned and emailed applications will be accepted.
- Be domiciled in the State of New Jersey
- Be a high school senior in a private, public, or home school
- Be planning to attend a college or trade school on a part-time or full-time basis in **Fall 2018**
- Have a diagnosis of Tourette Syndrome
- Provide a record of grades from 9th grade to present (it can be an unofficial transcript).
- Provide letters of recommendation from a member(s) of his/her school staff (such as teacher or guidance counselor), coaches (who have known you for four years or less) and/or community people who know you well (church or other community members)
- Submit an essay of **1 to 2 pages**, typed and double spaced, describing how Tourette Syndrome has played a part in your life. You may also submit media (pictures, video, music) displaying your talent(s). **Please make it no more than 5 minutes in length.**

The NJCTS Youth Scholarship Program was established in 2004. Over the past 13 years, NJCTS has awarded more than 290 scholarships to graduating high school seniors in every corner of New Jersey.

In 2017, 13 students were awarded scholarships by NJCTS. To view the 2017 winners and other past NJCTS Youth Scholarship essays, please visit the [Teens4TS blog](#).

The winners will be selected based upon academic achievement, community involvement and accomplishments as an individual living with this challenging and complex neurological disorder. The criteria and selection of the winners shall be in the sole discretion of the NJCTS scholarship committee.

Winners will be announced in May following a review of all applications by the NJCTS Youth Scholarship Committee and will be notified by mail. The winners also will be invited to an award reception as part of the TS Awareness day in June.

Winners will automatically become members in the NJCTS Scholarship Club. Recipients will have the opportunity to have their essay published on the Teens4TS blog; appear in local media publications on www.njcts.org; and accompany a NJCTS representative to meetings with state and federal legislators.

Contact: Kelley Teabo, NJCTS Project Coordinator at kteabo@njcts.org or 908-575-7350.

2018 NJCTS YOUTH SCHOLARSHIP APPLICATION

This completed application, along with all submissions, must be received in the NJCTS office by **April 06, 2018**: NJCTS, 50 Division Street, Suite 205, Somerville, NJ, 08876. Feel free to use additional sheets if necessary:

Last Name: _____ First Name: _____ MI: _____

Address: _____

City: _____ State: _____ Zip: _____

Home Phone Number: _____

E-mail Address: _____

High School Name: _____

High School Address: _____

Name of Guidance Counselor/Advisor: _____

School Telephone Number: _____

College/trade school you will attend OR what colleges/trade schools you have applied to:

_____ I have enclosed a letter from my school outlining grades or transcript (official or unofficial) of high school career.

_____ I certify that I have been diagnosed as having Tourette Syndrome.

Applicant's signature

Date

_____ As a parent or guardian of the applicant I certify that he or she has been diagnosed as having Tourette Syndrome.

Parent or guardian's signature

Date

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An essay entitled _____

Media (pictures, video, music) submitted using _____

- **Picture and music** submissions may be submitted as either (1) links to media uploaded to a third party website (i.e. soundcloud, google, youtube, dropbox etc..), or (2) uploaded files (mp3, jpg) to <https://www.hightail.com/u/NJCTS>.

- **Video** submissions must be uploaded to a video player website such as YouTube or Vimeo. If privacy is a concern with videos, YouTube videos can be set to "unlisted" so only those with a link can watch them. Vimeo videos can be set to "Only people with a password" and you can provide NJCTS with the password to watch your video.

- **Links for media** submissions should either be emailed to kteabo@njcts.org or typed on your paper application. Picture and music files submitted via <https://www.hightail.com/u/NJCTS> should have your name in the file's name. Example. Song1-JohnSmith.mp3, or JSmith-pic1.jpg

1. Provided one or two letters of recommendation:

Yes, enclosed No, not enclosed

2. List your extracurricular activities in high school either at the school or elsewhere: (may be submitted on separate sheet of paper) _____

3. List any employment held during high school, indicating summer or part-time during school: (may be submitted on separate sheet of paper) _____

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The following section is optional, meaning you do not have to check "yes" to be a scholarship recipient:

If selected, you may release my name on www.njcts.org, on the Teens4TS blog, to the local press and in various publications, such as the NJCTS Year In Review:

_____ Yes

_____ No

If selected, you may announce my award at my high school awards assembly, if any:

_____ Yes

_____ No

Please include a recent photo of yourself:

_____ Emailed to kteabo@njcts.org

_____ Sent to Drop Box <https://www.hightail.com/u/NJCTS>

You may publish my essay online or in a collection:

_____ Yes

_____ Yes, but only if my name is removed

_____ No

Applicant's signature

Date

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NJCTS · TIM HOWARD

LEADERSHIP

ACADEMY

About the Program

The NJCTS Tim Howard Leadership Academy is a four-day intensive program for teenagers entering sophomore year through one year post-high school diagnosed with Tourette Syndrome. The Academy provides a positive, respectful, safe, and accepting environment centering on empowerment, self-leadership, advocacy skills, and resilience. Participants receive a toolkit of skills for living life as an individual with Tourette Syndrome allowing them to educate others, be a mentor, an advocate, and a role model. The Academy was created in

partnership with soccer superstar, TS advocate, and New Jersey native, Tim Howard, and represents a collaboration with Rutgers University. (2018 applications are available now and are due 01/15/18)



Location

The Academy takes place in a new, state-of-the-art facility on Rutgers University's Busch Campus in August. Admission is competitive and space is limited. Participants are divided into groups of approximately 6-8 and are matched with Coaches, who are 20+ years old and experienced in leadership. These "teams" are responsible for establishing team norms, rules, and expectations; they are also resources and supports for each other throughout the experience.

Program

Tourette Syndrome and associated disorders are explored from a biological perspective, a psychological perspective, and a social perspective.

The programs:

- Explain what happens in the brain of an individual with TS
- Explore Executive Functioning Disorder
- Outline the psychological ramifications of, and treatments for, TS
- Provide resources about self-advocacy, transition, and negotiating sociological systems
- Consider the unique social concerns for a person with TS
- Guide participants towards forming healthy social relationships.



August 2-5, 2018

To request an application, visit www.njcts.org/teamup or call 908.575.7350.

Presenters include neurologists, psychologists, psychiatrists, social workers, and other relevant medical and education professionals. In addition to this, all other activities and sessions are related to the treatment and management of TS and associated disorders, including yoga, meditation, and movement therapies. Attendees may participate in a variety of recreational activities and valuable team-building activities.



A final project is introduced at the start of the weekend and is supported by Coaches, but largely designed by participants. The project is reflective of participants' time at the Academy and will be used as a guideline for carrying the major themes and values of the Academy forward in a way that has practical consequences for participants' lives. (2018 applications are available now, due 01/15/18)



In Their Words

"The academy has helped me realize that my voice and opinion matter and that I shouldn't be afraid to share it. I know that I am strong, resilient, and a self-leader. I've made so many friends who helped to teach me these things as well."

"I understand so much more about the brain and how it works, as well as Tourette's. I acquired new skills that will help me through my life, like organizing myself and how to advocate."

"This was the safest and most accepting place I have ever been in. We got to know each other well enough that we were able to safely and respectfully joke with one another."

"It has given me the confidence that I can be successful and be in relationships and basically do anything! I had never met any adults with TS before, so that was very reassuring for me. It also taught me what others are doing to further awareness and research."

"As a Coach, the Academy was truly a life-changing experience, even for me! It was amazing to see so many bright, talented, young minds in one room. I was inspired by how mature and professional the younger participants were. It is exciting to imagine the bright future these students will have and the impact they will have on NJCTS and the world around them."

"My daughter had an absolutely amazing time meeting new people, making new friends, and gaining a better understanding of TS. We are sharing the information we received from the Academy to resource and guidance at her high school, as well. "



The NJ Center for Tourette Syndrome & Associated Disorders, Inc. (NJCTS) is the nation's first Center of Excellence for Tourette Syndrome (TS). Through partnerships and collaborations, NJCTS provides a continuum of services, support and education for families; outreach and training for medical and educational professionals; and advocacy for collaborative research for better treatments and a cure for TS.

50 Division St. Suite 205, Somerville, NJ 08876 | 908-575-7350 | www.njcts.org

